

Defendu Academy (G13BJJ NM)
1335 Gusdorf Rd Ste T. Taos, NM | (415) 312-4805

CLASS SCHEDULE

Choose the Best Class to Elevate your Training.
\$20 Drop-in fee if you're just visiting Taos.

Monday:

4:30-5:00pm Ages 3-7 Jiu Jitsu
5:00-5:15pm Kids Open Mat All Ages (Free Time, Extra Rolling, Drills)
5:15-6:00pm Ages 7-12 Jiu Jitsu
6:15-8:00pm Brazilian Jiu Jitsu / Ground Fighting

Tuesday:

4:30-5:00pm Ages 3-7 Jiu Jitsu
5:00-5:15pm Kids Open Mat All Ages (Free Time, Extra Rolling, Drills)
5:15-6:00pm Ages 7-12 Jiu Jitsu
6:15-8:00pm Striking Class with Reto

Wednesday:

3:00-4:30pm Wing Chun with Barnaby
4:30-5:00pm Ages 3-7 Jiu Jitsu
5:00-5:15pm Kids Open Mat All Ages (Free Time, Extra Rolling, Drills)
5:15-6:00pm Ages 7-12 Jiu Jitsu
6:15-8:00pm Brazilian Jiu Jitsu / Ground Fighting

Thursday:

4:30-5:00pm Ages 3-7 Jiu Jitsu
5:00-5:15pm Kids Open Mat All Ages (Free Time, Extra Rolling, Drills)
5:15-6:00pm Ages 7-12 Jiu Jitsu
6:15-8:00pm Striking Class with Reto

Friday:

3:00-4:30pm Wing Chun with Barnaby
6:15-8:00pm Brazilian Jiu Jitsu / Ground Fighting

Saturday:

10:00-11:00am Competition Team
10:00-11:00am Striking Class with Reto
11:00-12:00pm Open Roll

Sunday: Closed